

CONNECT 2020 BREATHE Philippians 4:6-7

Congratulations! You are now registered for a fun-filled weekend at Bear Creek Camp this winter! During CONNECT, you will have time to CONNECT with God and to re-CONNECT with friends from camp. This year our theme is Breathe and trust in God's peace! When life can be stressful, how do we catch our breath? Where do we turn? How do we trust God to give us strength and peace? Join in on the conversation at CONNECT! Plus we will be having a blast doing all of the fun activities that Bear Creek Camp has to offer during the winter!

As you prepare for the weekend, please keep in mind that it will be cold up here at BCC and we will be outside some throughout the weekend so bring warm clothing. Please check over the packing list and other information about the weekend included with this packet.

We have plenty of room and would love to make this a huge success! Bring a friend (or two) with you and show them how much fun it is here at Bear Creek Camp. We are looking forward to seeing you soon! Get ready for a great time!

In Christ's Name,

Karen Heser Progran Director

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. -Philippians 4: 6-7

PREPARING FOR CONNECT

PACKING LIST – Campers should bring the following items for their use at camp.

- Bible
- Notebook
- Pens/Pencils
- Sleeping Bag
- Pillow
- Towel and Washcloth
- Toothbrush and Toothpaste
- Comb/Brush
- Prescription Medication (if needed)

- Warm Layers
- Snow Boots
- Extra pair of shoes (in case yours get wet)
- Winter Jacket
- Winter Hat/Mittens/Gloves
- Personal Water Bottle
- Money for the Camp Store (if desired)
- Camera (if desired)

Please mark all belongings with the camper's name. Lost and found items will be displayed after lunch on Sunday and will be kept at the office for a while after the weekend is over. Please contact the camp if you are missing something and we will do our best to locate it. All remaining items will be donated to charity.

ITEMS NOT TO BRING TO CAMP - These items will be taken from campers and held until the end of the weekend. Possession of weapons or drugs may result in the immediate removal of the camper from camp.

- Food (The camp provides good nutritious meals. Food in the cabins only encourages rodents and other animals to invade, which can cause unsafe and unclean conditions.)
- Electronics (personal music devices, video game systems, cell phones, etc...)
- Knives or other weapons
- Fireworks
- Jewelry and other valuables
- Alcohol, tobacco products, other drugs, or any drug paraphernalia

MEDICATIONS

Medications will be collected during registration. Please have medicines, prescription and over-thecounter, on you during the registration process. All medications must be stored with the Health Care Manager while at camp, this includes any over-the-counter medications your camper might take. If your child regularly takes over-the-counter medications or must take a specific kind, please bring these medications with you.

Please bring medication in original container with all prescription information on it and bring it to camp in a zip-lock bag. Please mark the bag with the camper's name and place a 3x5 index card or piece of paper in the bag with the following information:

Camper's Name

Name of the medication and the dosage

Directions for taking the medication

When the medication is to be taken (camp standard times include breakfast, lunch, supper, and bed time; other times can be scheduled as needed).

DURING CONNECT

CAMPER CHECK IN

CONNECT will start on Friday night with a 7-8 pm registration in the Retreat Center. We will get your camper checked in and will also guide you to your camper's cabin and counselor for the weekend. At time of check in we will need the camper's medications separate from their belongings to check in with the nurse. Please see all requirements under the MEDICATIONS section of this packet.

CAMPER BEHAVIOR

Bear Creek Camp strives to create an environment where all campers are respected and safe. The camp reserves the right to send home any child who refuses to follow camp rules or, in the opinion of the director(s), is unable to function adequately in the camp setting. Please discuss the following rules with your camper prior to their arrival to camp.

GENERAL CAMPER RULES:

- Illegal substances (cigarettes, alcohol, drugs, etc) are not permitted. Bear Creek Camp is a smoke free environment.
- All medication must be given to the nurse during registration.
- Everyone must wear shoes unless you are in bed.
- All trash and recycling should be put in the appropriate containers.
- Campers can leave their area or be with another group only with counselor permission.
- Ropes courses are off limit unless accompanied by a trained staff member.
- Interactions between campers should exhibit respect for the individual and the individual's body; romantic interactions are not appropriate.
- Campers must be in their own bunk from light out to morning wake up.
- Campers should treat all campers and staff, as well as their belongings, with respect.
- Campers should use camp property and supplies in the intended manner, treating them with respect; graffiti and vandalism are not permitted.

ILLNESS OR INJURY

Bear Creek Camp does not carry primary medical insurance for campers. Parents are financially responsible for the cost of any medical care needed during a camper's stay at Bear Creek. We will contact parents or guardian of any camper that is taken to the emergency room or hospital, or who has to spend the night in our infirmary at the phone numbers they provided, as soon as possible.

CAMPER PICKUP

Your camper will be ready for pick up at 1 pm on the Sunday of CONNECT at the Retreat Center. Our Camp Store will also be open at time of pickup for travel snacks and Bear Creek Camp apparel.